



September 2010 bulletin

This monthly ebulletin replaces our previous members' newsletter. It is specifically for NAAPS Homeshare members and we welcome your input and feedback. It is available by email from Homeshare@naaps.org.uk, to download from www.naaps.org.uk and by post. If you need your copy to be posted rather than emailed, please write to us at: Suite 6, The Cotton Exchange, Old Hall Street, Liverpool L3 9LQ

NAAPS news	1
Member services and issues	1
Raising awareness of your work	2
Policy and regulation	3
Policy news (England)	4
Policy News (Wales).....	4
Policy News (Scotland)	4
Resources and funding	5
Innovation and ideas.....	5

NAAPS news

The future of NAAPS: member survey and debate

This Autumn finds us right at the beginning of our business planning process. We would like to get our members involved in this, so that you can influence the work that we put into our plans for next financial year (from April 1st 2011). We are sending Shared Lives schemes, Homeshare organisations and Small Community Service members some slides which we hope you will have a chance to look at - they contain six questions about your views on the future of NAAPS.

There will be discussions about these slides at the Homeshare meeting. They are also available as an online survey to any member here: www.surveymonkey.com/s/VNMMJ9K

Member services and issues

Keith Hipwood will continue to offer support to our Homeshare members and can be contacted on Homeshare@naaps.org.uk.

We have been doing some work on clarifying and strengthening our membership offers. This is the proposed new membership offer to Homeshare members:

- Support from the team is included in the membership fee, subject to “fair usage”. Support which is strategic, requires site visits, or is long term may need to be negotiated on a chargeable basis and may be delivered in partnership with Community Catalysts.
- A virtual email network and a message board to make it easy for members to contact and support each other and communicate with the NAAPS team (in development 2010).
- A members-only area of the website containing resources which are free to members (in development 2010).
- A monthly ebulletin on policy, government, funding and other issues.
- Access to network meetings and occasional conferences.
- Access to a range of toolkits and resources at members-only prices.
- The opportunity to contribute to national reports and research.
- A voice with local, regional and national decision makers and a programme of awareness-raising about Homeshare.

For the time being, we intend to keep the membership fee at £75 pa, but we will be offering a bursary scheme to Homeshare schemes with no paid staff.

Local authority funding

What is your local experience of spending cuts? Please let us know, in confidence, so that we can present a national picture to policy makers and tackle any widespread problems.

Diversity

NAAPS has now started collecting equalities and diversity monitoring information through new joiner and membership renewal forms. We will keep this information separately to members’ personal details and will use it only to generate a clearer picture of the diversity of our members. We would like to gain a clearer understanding of which groups may be under-represented or overlooked in our membership and in our committees and other ways of participating in NAAPS as a member.

Raising awareness of your work

Article in the MJ about Shared Lives

Alex co-authored an article for MJ, the leading local government journal, about Shared Lives, which you can read at

www.localgov.co.uk/index.cfm?method=news.detail&id=90923&layout=2.

New blog for NAAPS

Alex now writes a blog on NAAPS and its members’ work which you can read and comment on at <http://alexfoxblog.wordpress.com>. A blog is a little like a diary, but web-based and public. It is one way in which we hope to have a discussion with members, including those who may not be able to attend committee meetings. We also advertise the blog to sector audiences to help engage people with our work.

Recent blogs: [In-house or out-sourced?](#); [Shared Lives is family life too](#); [NAAPS – we’re all about the geese](#). At the bottom of each is space to leave your comments. If you have an experience or anecdote about your work which you would like to share, we would love to include some guest blogs from our members, so drop us a line! Blogs can be very short – about 300 words is fine – and we will help you edit it.

NAAPS in Community Care magazine

NAAPS featured in an article in Community Care this month – see below. From next month, Alex will have a monthly column on how personalisation is working (or not!) on the ground – if you have real life experiences to share, please get in touch!

Policy and regulation

NAAPS influencing government

Following positive meetings with the President of the Association of Directors of Adult Services, we have meetings coming up with the Director General for social care and the Minister of State for social care, as well as other senior Department of Health officials. We are pursuing meetings with officials in Communities and Local Government. At the next Homeshare meeting, we will be discussing issues which you would like us to raise with policy makers.

Make sure your organisation Gets Legal

Get Legal is a free online reference and decision-making tool for charities, social enterprises and co-operative organisations from NCVO, with clear information and guidance on the most appropriate legal forms that organisations should take in order to deliver their goals. For more information visit: www.getlegal.org.uk

The Law Commission

The Law Commission reviews the law in England and Wales, attempting to make it simple, accessible and modern. They are currently reviewing adult social care law. They are asking for suggestions as to areas of law which they might review. You can submit ideas at www.lawcom.gov.uk or via NAAPS. They cannot alter the intention of existing laws, but they do make recommendations where the law is unnecessarily complex, disproportionate or not doing what it was intended to do. The closing date is October 15th.

Personalisation and self-directed care planning

These documents came out earlier this year, but if you are looking at the way in which you carry out care planning, they are worth a look:

- [Changing lives together: using person-centred outcomes to measure results in social care](#) looks at new ways to measure success in local social services. It shares the learning from initiatives which aim to find out if people achieve outcomes which are important to them.
- Lincolnshire has put outcome-focused reviews into practice, making use of the In Control framework: [Lincolnshire review form](#).
- A group of disabled people, family carers and people from eight councils have worked together to develop a new way to carry out reviews: [Outcome-focused reviews: A practical guide](#).
- There is a guide to: [Personal budgets for older people - making it happen](#)
- SCIE has launched a new [website](#) to help councils with Putting People First.

New whistle blowing guide

The [Speak up for a Healthy NHS guide](#) advises on how to ensure staff feel safe and confident in reporting bad practice.

Policy news (England)

Big Society pilot areas

The Prime Minister announced the first four “big society” communities in Sutton, Windsor and Maidenhead, Eden Valley in Cumbria and Liverpool. These four areas will now receive targeted and tailored help from the Government to ensure they can overcome bureaucratic barriers and take greater responsibility for the decisions that affect the local area and local people. If you are in one of these areas and think that you might be able to benefit from this initiative, please get in touch with NAAPS and we can discuss making contact with the relevant departments.

Refreshing the National Carers’ Strategy – call for evidence

The DH is seeking views, by 20 September, on what will have the greatest impact on improving carers’ lives in the next four years. <http://bit.ly/czzJKt>

Social Care Framework published

Supporting people to live and die well: a framework for social care at the end of life was published on 8 July. [Download the framework](#) or email: information@eolc.nhs.uk

Safeguarding vulnerable adults: awareness campaign

A government campaign to raise awareness of financial abuse of vulnerable people includes [downloadable posters](#) to increase awareness of staff and the public.

Policy News (Wales)

WAG Funding to promote dignity

Small grants for projects that promote dignity in health and social care are open until 1st September. Email: Gareth.Morgan5@wales.nhs.uk

Policy News (Scotland)

The Carers and Young Carers Strategies for Scotland: 2010-2015

Caring Together and *Getting It Right For Young Carers* are five year strategies published alongside *Good Practice and Carers and Young Carers Stories* (which mentions Shared Lives), and *An Analysis of Existing Data Sources on Unpaid Carers in Scotland*. See: www.scotland.gov.uk/topics/Health/care/strategy

Caring Together includes commitments to help carers including a Carers’ Rights Charter, further investment in carers training, improving carer identification and promoting carer-friendly employment practices. £5 million over five years has been allocated to develop personalised short breaks.

New PVG scheme to go live on 30 November 2010

Details, guidance and training materials and contact details for Disclosure Scotland and the Central Registered Body in Scotland (CRBS) are at: www.scotland.gov.uk/Resource/Doc/1141/0100847.pdf

Public Spending in Scotland - Independent Budget Review Findings

To have your say on spending go to <http://blogs.scotland.gov.uk/publicspending/>

Resources and funding

Homeshare International

The new Homeshare International newsletter is available to download from https://acrobat.com/#d=zprU*g5CzxbiRdl-w6A*yA News includes four new Homeshare schemes in Portugal designed to provide accommodation for university students in the homes of the elderly whilst Wesley Homeshare in Melbourne, Australia, has a successful Homeshare Café at the local university, where Homeshare staff members regularly meet with potential Homesharers.

Beth Johnson Foundation Centre for Intergenerational Practice

The Beth Johnson Foundation has launched a new website with information, resources, news and training on intergenerational work: www.centreforip.org.uk

Please share your learning and innovation with the network!

If you would be willing to write a short update on your Homeshare scheme, please get in touch. You might want to include some of your current triumphs, challenges and ideas, but it can be as brief as you wish and will be much appreciated by us and your fellow members!

We are also always on the look-out for new developments in Homeshare, so please send us accounts of innovative or interesting work that you are doing or thinking about.

Community groups can apply for a share of Big Local £200m

The [Big Lottery Fund](#) has announced the [50 areas](#) in England where community groups will be able to apply for 10 year grants from its new £200m funding stream, Big Local, to “identify their pressing issues and develop the skills and confidence necessary to start changing things in their community for the better.”

New funding for social entrepreneurs from September

From September 28th, The Arthur Guinness Fund will award £6m in grants to 30 social entrepreneurs in partnership with [Ashoka](#), a global association of more than 2,500 social entrepreneurs. Entrepreneurs will receive financial, practical and strategic support to run projects that bring about social change in their communities and others. To apply, go to www.guinnessforgood.com.

Research and Innovation

NAAPS teams up with Joseph Rowntree Foundation

JRF has published an open call for a research proposal as part of their Better Life programme, which focuses on older people with high support needs. The research will look at Shared Lives, Homeshare and micro-enterprises among other non-traditional support approaches. See: www.jrf.org.uk/funding and <http://bit.ly/adVo3Y>

Please let academic colleagues know – the deadline is 5th October 2010. To kick this piece of work off, Alex has written an article for JRF’s website which you can find at www.jrf.org.uk/blog

If you are involved in any research or have produced an evaluation of any aspect of Homeshare, please let Alex and Keith know.

Getting more from Direct Payments

A group of young college leavers with learning disabilities in Richmond upon Thames have piloted an innovative way of getting more from their direct payment care package. Supported by a local voluntary organisation, the Richmond Users Independent Living Scheme (RUILS), the young people have pooled some of their money to set up a friendship group supported by personal assistants. The group of four to five young men enjoy going to football matches, the gym and taking part in martial arts together. The work may have spin-offs as families engage in community networking and other disabled groups access a guide written as a result of the pilot.

The case study can be downloaded here:

http://www.transitionsupportprogramme.org.uk/pdf/CSRichmond_Personalisation.pdf

New mentoring scheme to help those affected by dementia

People with dementia, their carers and family members are invited to become online Living Well with Dementia mentors. This is part of an innovative new support network set up by the DH, in partnership with online coaching and peer mentoring site www.horsemouth.co.uk Mentors will use their personal experiences of dementia to help others face the challenges of this condition, and can choose how much time they devote to their role.

Cost benefit and Social Return on Investment

Homeshare International (www.homeshare.org - see above) quote some useful figures (below) on cost-benefit in Homeshare. Social Return on Investment (SROI), mentioned below, is becoming an established way to calculate the cost-benefit of support projects and work in the Third Sector. There is a step by step guide to using SROI at www.thesroinetwork.org. Its strength is that it can be used in varying levels of depth and detail, according to your needs and resources.

- In the US, a Minnesota report estimated that the average annual savings per match are \$22,058.
- Wesley Homeshare, using the Cost-Benefit Analysis (CBA) and SROI tools, showed that a Homeshare programme can expect to provide cost savings of approximately \$281,000 per annum to the federal government through savings to residential care alone. The cost of the program, A\$120,000 per annum, is easily covered by these figures, giving a net benefit of approximately A\$160,000 and a one year SROI of 2.3.
- In Paris, ensemble2générations calculate a SROI of 6, taking into account the savings for students on rent, the savings on night nurses for seniors, and savings in housing aid. They also include qualitative considerations such as study conditions for the Homesharers, quality of life for the householder, higher social cohesion and improved social image of youth and the elderly.

Share your learning and innovation with the network

One of the ways in which we can help members is to ensure they find out about the lessons being learned by other Shared Lives schemes. We are always grateful for your contributions of brief practice examples and case studies. Please send us accounts of innovative or interesting work from which you feel your fellow NAAPS members might be able to learn.

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